



Become your absolute best.

Make lifelong changes. Achieve your goals. Live fully.

talk to me

Your local Expert in personal achievement.

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Private Training

Group Training

Diet & Nutrition

Psychology & Motivation

get a free assessment



Your Trainer: Rob Smith

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ask me anything

Clear & affordable pricing.

► Pricing for Group Sessions

25-Session Bundle priced at \$25/session includes a free assessment consultation at the beginning	\$625
50-Session Bundle priced at \$20/session • save 25% includes 1 free consultation at the beginning, 1 at the end	\$1,000
100-Session Bundle priced at \$15/session • save 40% includes 1 free consultation at the beginning, 1 in the middle, 1 at the end	\$1,500

Terms & Conditions: Each session attendance will be singularly deducted from your total number of sessions paid for. Training sessions are valid for 12 months following payment. Withdrawal from any program: sessions remaining will be refunded in full, following a 28 day notice period, or if a medical reason prevents program attendance right away. Prior to this, sessions attended will be deducted from total sessions remaining as per usual. After the 28 day period of notice for a cancellation, sessions will then no longer be charged.

► Pricing for Private Sessions

questions ?

Happy clients.

 Mary Jane, Retired	 John Smith, Accountant	 Samantha Jones, Fashion Designer	 Bob Bachelor, Builder
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Send me a message!

Send

Get in Touch

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